



BEVERLEY CATHCART-ROSS

Ms. Cathcart-Ross is a certified parent educator, private counsellor, co-founder of the Parenting Network and mother of four teenagers.

Since 1989, she has helped thousands of families enjoy more harmony in their home and closeness in their relationships with their children. Her unique strength is her ability to distil a sound theoretical framework of positive psychology down to practical approaches that work for parents on a day-to-day basis.

She is also the co-founder and Chair of the Open Family Forum of Toronto, a non-profit educational service for parents, teachers, and students of psychology. She is a Director of the Alfred Adler Federation, a non-profit organization dedicated to the offering of educational services to communities with limited access due to poverty, culture, and/or geography. As well, she is an active member of NASAP (North American Society of Adlerian Psychologists).

Ms. Cathcart-Ross makes regular guest appearances as the resident parenting expert on TVO and has been a regular contributor to television programming on CTS. Her work has been profiled on CBC, and Canadian Living Television.

Parenting classes, workshops and speaking engagements are held regularly throughout the year by Ms. Cathcart-Ross who brings her extensive knowledge and humorous insights of parenting to her audiences.